

1の だん

$$\begin{aligned} 1 - 1 &= 0 \\ 1 - 2 &= -1 \\ 1 - 3 &= -2 \\ 1 - 4 &= -3 \\ 1 - 5 &= -4 \\ 1 - 6 &= -5 \\ 1 - 7 &= -6 \\ 1 - 8 &= -7 \\ 1 - 9 &= -8 \\ 1 - 10 &= -9 \end{aligned}$$

2の だん

$$\begin{aligned} 2 - 1 &= 1 \\ 2 - 2 &= 0 \\ 2 - 3 &= -1 \\ 2 - 4 &= -2 \\ 2 - 5 &= -3 \\ 2 - 6 &= -4 \\ 2 - 7 &= -5 \\ 2 - 8 &= -6 \\ 2 - 9 &= -7 \\ 2 - 10 &= -8 \end{aligned}$$

3の だん

$$\begin{aligned} 3 - 1 &= 2 \\ 3 - 2 &= 1 \\ 3 - 3 &= 0 \\ 3 - 4 &= -1 \\ 3 - 5 &= -2 \\ 3 - 6 &= -3 \\ 3 - 7 &= -4 \\ 3 - 8 &= -5 \\ 3 - 9 &= -6 \\ 3 - 10 &= -7 \end{aligned}$$

4の だん

$$\begin{aligned} 4 - 1 &= 3 \\ 4 - 2 &= 2 \\ 4 - 3 &= 1 \\ 4 - 4 &= 0 \\ 4 - 5 &= -1 \\ 4 - 6 &= -2 \\ 4 - 7 &= -3 \\ 4 - 8 &= -4 \\ 4 - 9 &= -5 \\ 4 - 10 &= -6 \end{aligned}$$

5の だん

$$\begin{aligned} 5 - 1 &= 4 \\ 5 - 2 &= 3 \\ 5 - 3 &= 2 \\ 5 - 4 &= 1 \\ 5 - 5 &= 0 \\ 5 - 6 &= -1 \\ 5 - 7 &= -2 \\ 5 - 8 &= -3 \\ 5 - 9 &= -4 \\ 5 - 10 &= -5 \end{aligned}$$

6の だん

$$\begin{aligned} 6 - 1 &= 5 \\ 6 - 2 &= 4 \\ 6 - 3 &= 3 \\ 6 - 4 &= 2 \\ 6 - 5 &= 1 \\ 6 - 6 &= 0 \\ 6 - 7 &= -1 \\ 6 - 8 &= -2 \\ 6 - 9 &= -3 \\ 6 - 10 &= -4 \end{aligned}$$

7の だん

$$\begin{aligned} 7 - 1 &= 6 \\ 7 - 2 &= 5 \\ 7 - 3 &= 4 \\ 7 - 4 &= 3 \\ 7 - 5 &= 2 \\ 7 - 6 &= 1 \\ 7 - 7 &= 0 \\ 7 - 8 &= -1 \\ 7 - 9 &= -2 \\ 7 - 10 &= -3 \end{aligned}$$

8の だん

$$\begin{aligned} 8 - 1 &= 7 \\ 8 - 2 &= 6 \\ 8 - 3 &= 5 \\ 8 - 4 &= 4 \\ 8 - 5 &= 3 \\ 8 - 6 &= 2 \\ 8 - 7 &= 1 \\ 8 - 8 &= 0 \\ 8 - 9 &= -1 \\ 8 - 10 &= -2 \end{aligned}$$

9の だん

$$\begin{aligned} 9 - 1 &= 8 \\ 9 - 2 &= 7 \\ 9 - 3 &= 6 \\ 9 - 4 &= 5 \\ 9 - 5 &= 4 \\ 9 - 6 &= 3 \\ 9 - 7 &= 2 \\ 9 - 8 &= 1 \\ 9 - 9 &= 0 \\ 9 - 10 &= -1 \end{aligned}$$

10の だん

$$\begin{aligned} 10 - 1 &= 9 \\ 10 - 2 &= 8 \\ 10 - 3 &= 7 \\ 10 - 4 &= 6 \\ 10 - 5 &= 5 \\ 10 - 6 &= 4 \\ 10 - 7 &= 3 \\ 10 - 8 &= 2 \\ 10 - 9 &= 1 \\ 10 - 10 &= 0 \end{aligned}$$